



‘Creating wonderful from windfall’

Every year, **1 in 4 British adults** experience mental ill-health and **15 million tonnes of food** is thrown away.

Surely these dilemmas can't be tackled together, we hear you say. New Caledonian Woodlands begs to differ.

Fruitful Woods brings together adults experiencing mental ill-health to rebuild confidence and learn new skills in a safe, supportive environment. Together we carefully select windfall in orchards, rescuing good quality apples from being left to rot. We also manage woodlands, exchanging our time and effort for timber that would otherwise be unused. The fruits of our labour include:

Apple produce

- * Apple juice
- * Apple preserve
- * Chutney

Woodcraft

- * Wooden stools
- * Wooden spoons
- * Chopping boards

Willow

- * Bird feeders
- * Christmas wreaths
- * Bread boards

Looking for that perfect Christmas present?

Why not choose from our selection of home-made apple produce, woodcraft and willow items?

You will be helping a worthy cause, with all of the profits going straight back into delivering our projects throughout Scotland.

Doesn't a good cause taste better?



Nurturing people. Nurturing the planet.

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Benefits for all the community.

Benefits of our project are threefold;

1. For participants, it's about a stimulating team activity with a purpose and a quantifiable outcome.
2. For the environment, it's about preserving our natural habitat and mitigating waste.
3. For orchards and woodlands, it's about experienced management and pruning, so everyone wins.



Think green. Act green.

At New Caledonian Woodlands, we think globally, but act locally. By sourcing apples and timber from local orchards and woodlands, we minimise our carbon footprint and reinforce our green philosophy.



New Caledonian Woodlands



@NCWoodlands



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